

# THE CHALLENGE

- 1. Read through all the definitions in the Anti-Racism Glossary. Ensure you fully comprehend the terms, and feel free to contact [krystal@searafund.ca](mailto:krystal@searafund.ca) if you have questions about any of them.**
- 2. Choose 5 terms , and commit to applying the Action to your coworking community for the month of June. Commit to one term per week.**
- 3. Use the Anti-Racism Journal to record the specific instances of how you applied those actions for the week, focussing on the impact.**
- 4. At the end of the month, complete the Reflection portion in the journal. Use this as a starting point for the IDEA Challenge Conversation on June 30th.**
- 5. BONUS POINTS: Choose 1 term that you will personally continue to commit to in every community environment you find yourself in, for the next year.**